





HaBa WaBa North America

12U – 14U Rules DIFFERENCES

RULE 12U 14U

roster	15 total (7 minimum on the roster)	15 total (8 minimum on the roster)
# of players	6 in the water (5+1)	7 in the water (6+1)
field	22m x 11m	25m x 15m
penalty	4m	5m
goal	2.15m x 0.75m	2.7m x 0.8m
ball size	No: 3	No: 4
duration	2 x 12min running time	4 x 7 min running time
30" shot clock	NO	YES
time out	NO	NO
set in front of the goal	Allowed	Not allowed
# of exclusions	4	3
zone defense	Not allowed	Not allowed
5m free throw	Not allowed	Not allowed







